

# नैशनल कॉलेज ऑफ आयुर्वेद एण्ड हॉस्पिटल ढाणी गारण रोड बरवाला (हिसार)

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## **GERIACON-2019**

**SEMINAR on "ROLE OF AYURVEDA IN PREVENTION OF GERIATRIC AILMENTS"**



**One day Seminar Titled "GERIACON-2019" is organized by the Institution "National College of Ayurveda, Barwala, Hisar (Haryana)" on dated**

**23 August, 2019**

**Its main focus is on "Role of Ayurveda in Prevention of Geriatric Ailments". It was initially kept for state level but due to huge response of different institutions even at short duration, it was kept open for all. With guidance & efforts of Hon'ble Patron Mr. Krishan Kumar Duhan & Co-patron Smt. Sunita Kundu alongwith advisory board of the institution, it was organized by Dr. Preeti (Asst. Professor), Deptt. Of Swasthavrita & Yoga and Dr. Sunil Kumar Dalal (Asst. Professor), Deptt. Of Rasa Shastra & Bhaishajya Kalpana under the guidance of president of the event Dr. Narayan Singh, Principal, National College of Ayurveda.**



**In total 150 U.G. & P.G. Scholars, Teachers & Practitioners were registered for the Seminar, in which paper & poster presentations were done from the registered delegates.**



**Poster Presentation Competition was held with prize money of 2100 INR for 1<sup>st</sup> position, 1100 INR for 2<sup>nd</sup> position and 500 INR for third position. In it total 61 students participated and got one 1<sup>st</sup> Prize, one 2<sup>nd</sup> Prize and due to tie two 3<sup>rd</sup> Prize and One appreciation Prize of 350 INR was given under the judgment of committee undersigned by Mr. Krishan Kumar Duhan (Director), Prof. Dr. Narayan Singh (Principal), Dr. Pankaj Pathak (Guest Speaker), Dr. Vikas Sharma (HOD of Deptt. of Basic Principles), Dr. Yagyik Mishra (Guest Speaker).**



**Eminent Guest Speakers and from our institution presented topics to enhance knowledge of the students and other registered delegates.**





**List of the Eminent Speakers: -**

**1. Dr. Hemant**

**(Asst. Professor, Deptt. Of Dravyaguna)**

**Gangaputra Ayurvedic College, Jind (HR)**

**Topic- Herbal Management of Geriatric Ailments WSR Osteoporosis**



**2. Dr. Pankaj Pathak**

**(Associate Professor, Deptt. Of Basic Principles)**

**All India Institute of Ayurveda, New Delhi**

**Topic- Rasayana – Boon to Geriatrics**



- 3. Dr. Trupti Acharya**  
**(Associate Professor, Deptt. Of Prasutitantra & Stree Roga)**  
**National College of Ayurveda, Barwala Hisar (HR)**  
**Topic- Ayurvedic approach towards menopausal symptoms**



- 4. Dr. Yagyik Mishra**  
**(Asst. Professor, Deptt. Of Swasthvritta & Yoga)**  
**FIMS, SGT University, Gurugram (HR)**  
**Topic- Role of Ayurveda in Prevention of Geriatric Ailments**



5. **Dr. Parvesh Kumari Ohlan**  
**(Asst. Professor, Deptt. Of Panchkarma)**  
**National College of Ayurveda, Barwala Hisar (HR)**  
**Topic- Role of Panchkarma in Geriatric Healthcare**
  
6. **Dr. Sunil Kumar Dalal**  
**(Asst. Professor, Deptt. Of Rasa Shastra & Bhaishajya Kalpana)**  
**National college of Ayurveda, Barwala**  
**Topic- Role of Rasa Aushadhi in Geriatric Disorders**
  
7. **Dr. Preeti**  
**(Asst. Professor, Deptt. Of Swasthvaritta & Yoga)**  
**National college of Ayurveda, Barwala**  
**Topic- Ayurvedic Preventive module for Common Geriatric Ailments**

**In the valedictory session all the speakers and organizers alongwith members of different organizing committee members were felicitated.**

